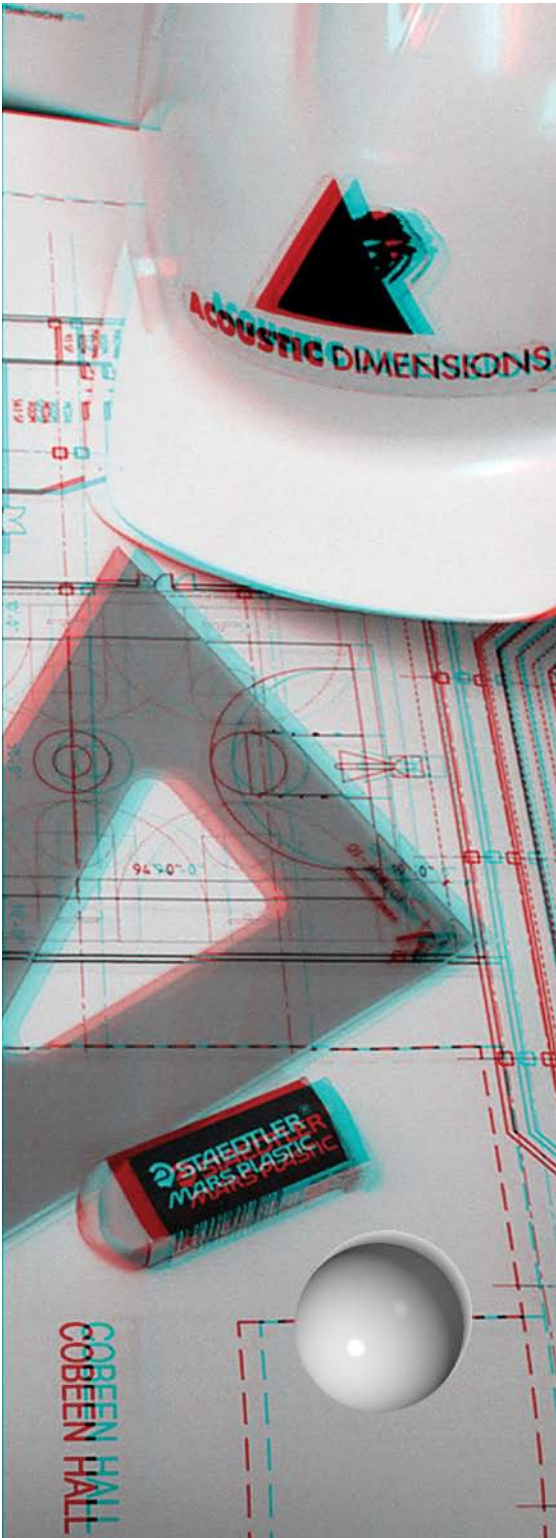


# create your own 3-D images



To view a 3D image you will need a pair of red and blue 3-D glasses. We ordered from [3dglASSESonline.com](http://3dglASSESonline.com).

1. Begin with a good quality image. Make any adjustments to your image (cropping, colour balance, image manipulation). Black and white images work better than color.
2. Flatten the image. By flattening an image you are merging all the layers into a single image with no background. Normally, you wouldn't want to flatten an image until it is finished. However, if you don't flatten the image you can't make it 3D. Flattening also helps to reduce the file size. In Photoshop "Flatten Image" is found under the Layer pull down menu.
3. Make sure the image is in RGB (red blue green) Color mode (even if working with a grayscale image). In Photoshop, RGB Color is found first by going to the Image menu, then opening the Mode menu. Finally, clicking on RGB Color.
4. Now you will be working with the RGB Channels. In Photoshop, go to the Window pull down menu. Go down to open Channels. This should open a palette showing the RGB Channels.
5. Click on the RED Channel. Your image will turn to black and white.
6. On the left side of the Channel Palette, click in the small empty boxes until there are four eyes showing. Now the image should be in color. (The eyes mean you can see the channel).
7. Make sure the RED Channel is highlighted.
8. Using the drag tool, drag the image slightly to the right. If you have done all the steps correctly, your image will look a little blurry and a Red shadow should be visible.
9. Finally, crop the image and save in the format you need for your project. In Photoshop, be sure be sure to highlight all the Channels on the Channel Palette before saving.

To give the image more, "punch" play with copying portions of the image to different layers and creating the 3-D effect on only the background layer.

You can also create a 3D video using the same principals. You will have to work with the filters in Adobe Premiere.